

Active Peru

Peru Family Adventure



Machu Picchu – one day Inca Trail – colonial Cusco – Pisac market – horse riding – whitewater rafting – canoeing – mountain biking expert guides – comfortable hotels – carefully paced – private group

Enjoy a varied, active and fun private guided family adventure holiday in Peru.

Hike the one-day 'Royal' Inca Trail to arrive at Machu Picchu on foot.

Raft the waters of the Urubamba River.

Mountain bike through villages and salt pans into the Sacred Valley of the Inca.

Ride horses to Incan ruins.

Extend your holiday with visits to the Amazon rainforest, vast Lake Titicaca or the beautiful Colca Canyon.



Enjoy a Peru adventure holiday with your family.



Holiday Itinerary



Canoeing in the Urubamba River.

Day 01 | Cusco | fly to Peru

Please note: flights for this holiday are quoted separately.

On landing in Cusco, you are transferred to your hotel to begin acclimatising to the rarefied air of this beautiful city (3,326m).

In the afternoon, we take a short walking tour of the centre of Cusco to familiarise you with the main sights and restaurants.

At a convenient time your guide will arrange a full briefing for the days ahead.

Day 02 | Cusco | raft the Urubamba

Today go to the upper Urubamba, the sacred river of the Incas for some fun grade II-III rafting.

Full instruction and safety talk are given so no previous experience is necessary.

Return back to our hotel in Cusco (b,l)

Day 03 | Cusco | horse riding to Inca ruins

From Cusco explore the nearby Inca archaeological sites and local communities by horseback (or foot if preferred).

Time and energy permitting we can choose between the impressive sites of Pucara, Tambo Machay, Q'enko and Sacsayhuaman.

This is a fun adventure through beautiful countryside to acclimatise you further. Return to hotel in Cusco. (b,l)

Day 04 | Pisac | canoe the Urubamba

Today you have the chance to do some 'white-water' with some inflatable canoeing on a scenic and fun stretch of the Rio Urubamba.

Questions? Ready to book? Call us on **01273 676 712**

info@pura-aventura.com | www.pura-aventura.com | Pura Aventura, 18 Bond Street, Brighton, BN1 1RD. UK.



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Experience rafting in the Urubamba River with your children.



Discover the amazing landscape on mountain bikes.



Hike along the Inca trail with your entire family.

Thereafter continue the day down the Sacred Valley of the Incas to the quaint town of Pisac and visit the extensive artisan market, a shopper's dream.

Overnight in a charming hotel near Urubamba. (b,l,d)

Day 05 | Chinchero | **mountain bike descent**

This morning a short transfer brings you to Chinchero plain for the start of probably the best one-day mountain bike adventure in Peru.

Largely downhill, pass Lake Huaypo and enjoy great views of the Vilcanota mountain range.

This fun dirt-road mountain-bike descent into the Sacred Valley is suitable for all the family.

The final descent on mule trails is through the spectacular working salt-pans of Maras.

We have a constant support vehicle on hand for anyone who gets weary or for non-riders.

After this exciting experience go back to your hacienda to relax in the beautiful garden or visit the nearby town of Urubamba to shop. (b,l,d)

Day 06 | Machu Picchu | **hike the Inca trail**

Today catch the early morning train to km 104 of the tracks, nearly at the end of the line beneath Machu Picchu. Rather than taking the train all the way, you hop off to start your hike along the 'Royal' Inca Trail.

Whilst walking all you need to carry is a daypack, your over-night luggage will be transferred to your hotel in Aguas Calientes to await your arrival.

The path leads you up the steep sides of the valley until you reach the Inca Trail proper.

An initial hot ascent is replaced by satisfaction as you reach Winay Wayna, a beautiful Inca ruin full of swallows and orchids.

A contour path then takes you through the fascinating cloud forest leads to Inti Puncu, the Sun Gate and our first glimpse of Machu Picchu.

After passing down through the ruins catch a bus down to your simple hostel in the colourful town of Aguas Calientes. (b,l)

Day 07 | Cusco | **discover Machu Picchu**

First thing in the morning you head up the hill to Machu Picchu and have it virtually to yourself for a full guided tour, with time afterwards to climb Huayna Picchu or else just wander through the ruins soaking up the amazing atmosphere.

In the afternoon, board the train for an exhilarating ride along the Sacred Valley of the Incas.

Here our waiting bus whisks you back to Cusco and your hotel.

Then if you have the energy you can explore Cusco's excellent restaurants. (b)

Day 08 | Cusco | **visit Cusco**

After so much activity, enjoy a day in Cusco to do what you, and your children, want. (b)

Day 09 | Cusco | **leave Cusco**

Transfer to Cusco airport. (b)

Please note: You can combine this holiday with an extension to the Amazon Rainforest (4 days) or to the Lake Titicaca (4 days). Please contact us for more detail.



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Holiday Information

Pura's opinion

This trip is specifically designed for the needs of the modern adventurous family – education, plenty of activities and enough time to relax too, this trip will appeal to everyone from ten to eighty years old.

The former Inca Capital and Spanish Colonial city of Cusco is our base for this great multi-activity adventure, a wonderful place full of culture, history and good restaurants.

From Cusco explore rarely visited ruins on horseback. Raft and canoe the scenic, fun and safe Rio Urubamba and descend into the Sacred Valley of the Incas by mountain bike.

This trip includes the famous one-day Royal Inca Trail hike to the stunning Inca citadel of Machu Picchu.

How active?

The focus of this holiday is on adventure, history and culture.

Day one is a short walk in Cusco, this is a chance to stretch your legs and experience hiking at 3300m.

Day two is a fun white rafting session grade II-III rapids which means really only a little bit of white water and quite a lot of smooth flowing waters.

Day three is an easy horse-riding day or hike for those not keen on riding. Helmets are provided.

Day four is a canoeing session then a walk through the Pisac artisan market.

Day five is a full day mountain biking in valleys. All equipment provided.

Day six is the all day Royal Inca trail hike which is a steep and, at times, hot walk up the side of a valley. The total walk is around 11km.

Day seven is the visit of Machu Picchu and the possibility of climb Huayna Picchu.

Day eight you have the all day free to visit Cusco.

Of course this is designed to be flexible enough for the most demanding of teenagers looking for non-stop action, the younger more relaxed crowd looking to try some fun and stimulating sports, yet at the same time sufficiently relaxing that even the parents feel they have had a holiday.

How comfortable?

During this holiday you stay in a series of comfortable but not fancy hotels. Expect clean rooms and en suite facilities, really superior 2* and 3* standard.

How independent?

This is a private guided holiday so you have your own guides and team with you and the family throughout.

When should I go?

During the day hopefully it will be generally sunny enough for shorts and t-shirts though having a fleece and rain gear handy is advisable.

It will get cold especially in the evenings so bring a warm fleece jacket, a good waterproof and some warm clothes, gloves, scarf and woolly hat as well as one set of smarter clothes for Cusco.

Good quality Alpaca jumpers are available in Cusco.

From May through to September you can expect it to be cold but relatively dry.

How responsible?

Pura Aventura is passionate about the places it visits.

To help preserve the integrity of these destinations we:

- Work directly with local businesses and organizations to directly benefit local economies.
- Work with local guides so that our holidays are more interesting for clients and more beneficial locally.
- Make payment to suppliers before our clients arrive.

We strictly adhere to the Porter Protection Policies which govern porters' work in Peru.

How do I book?

As a private group holiday we need to check availability before taking your booking. Once this is confirmed if you would like to book onto this holiday, please call us on **01273 676 712** with the following information:

- Full names
- Address
- Contact telephone numbers & email
- Deposit of 15%

Deposits can be paid by card, cheque or bank transfer, whichever suits you best. The balance of your holiday is payable 60 days prior to travel.

Once we have the details above we send you a confirmation email detailing all of the services agreed between us.

We ask you to check through all of this carefully and sign off on the holiday at that point.

Note that this private holiday is subject to a minimum number of four. We can run it if you are fewer than four but the price will rise.

Prices and departures

2012	Daily £1,093pp
Flights	<i>Price does not include any flights.</i> We can arrange these for you (guide price £800 - £950 depending on season) or you can arrange your own.
Price includes	Comfortable accommodations (twin or double en suite); Entrances & guided tour of Cusco Inca sites, Pisac market, Maras salt pans, km 104 Inca trail and Machu Picchu; Transfers and transport as above; Activities mentioned and all equipment needed; and meals (b,l,d) as per itinerary.
Not included	Flights; personal expenses; tips.

Prices are per person based on two sharing but four travelling. E.A.O.E.

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